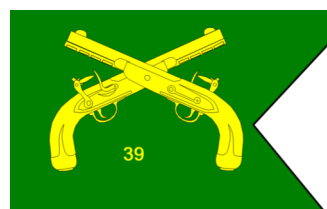




THE GUARDIAN NEWSLETTER

Volume 9, Issue 9



Guardian 6

NOVEMBER
2012

Guardian 7



As we stated in the last newsletter the weather has cooled down allowing chocolate to survive the trip over and goodness has it been coming in. The common areas, rooms and probably even some of the Soldiers pockets are full of candy. Your support to help us make the holidays as real as they can be is greatly appreciated. Three more holidays to get through and we'll be home with our families.

Even though we love candy and your support, now that Halloween is over we've started a "Paleo Challenge". For the month of November challengers will eat according to a Paleolithic era diet where one would eat basically what a caveman could eat: Meats, vegetables, nuts and seeds, some fruit, little starch, no sugar! Don't you worry Thanksgiving is an authorized cheat day and we will be feasting as big as we can in Afghanistan. Wish us luck and we'll store any candy you send in the freezer until the challenge is over. By the way challengers are allowed to eat dark chocolate, 70% cocoa or more.

October was a busy month full of significant events for the unit. October also marks the beginning of the new fiscal year for the military and with that the re-enlistment windows open up. As the commander I had the honor to re-enlist SSG Chapman, SSG Baker, SGT Schrader, SGT Daugherty, SGT Barrows, SGT Faller and SPC Smith. Re-enlisting is a significant event and act in a Soldiers life that displays their selfless service to the U.S. Army as they commit additional years of service. Soldiers usually get to request how they want their re-enlistment performed and we've had quite a few different request. SSG Baker, SGT Schrader, and SGT Faller re-enlisted on the roof of our compound so that everyone in the unit and the US Air Force Flight Line Security could witness the event and congratulate them. SGT Daugherty, SGT Barrows and SPC Smith were afforded the opportunity to re-enlist while in flight on a Black Hawk helicopter with the doors open and the flag flying while they recited the enlistment oath. On October 18th SSG Glover was promoted to Sergeant First Class (SFC) and also re-enlisted to continue serving his country. For his promotion he had LTC Nihart, 503rd MP BN (ABN) Commander pin his rank on and perform the re-enlistment oath. They have served together on a previous deployment to Iraq. Each Soldier was given the US flag that was used during their re-enlistment.

On October 5th SGT Shoemaker had a well deserved promotion to Staff Sergeant (SSG). SSG Shoemaker has been well deserving of this promotion for quite some time now. When he's not rooting for the Ohio State Buckeyes he's constantly taking on difficult tasks, supporting the unit and taking care of Soldiers. His positive attitude and leadership will serve the Army well in the future.

SGT Newman, PFC Bray and I were awarded the Combat Action Badge (CAB) for actions during and Indirect Fire Attack (IDF) while serving as a Military Policeman. As always the Soldiers are quick to respond, calm under pressure, professional and make the 39th MP Det proud wherever they go.

Back in Hawaii we've gained another senior leader to our unit, SFC Whitehouse. SFC Whitehouse has recently returned from a deployment with the 58th MP CO where he also served in Kandahar, Afghanistan. I have heard nothing but great things about him and he will be a great asset to our team. Please welcome him to the unit if you see him around.

Please continue to keep the men and women of the Armed Forces in your thoughts and prayers. Your support never ceases to amaze and humble us. Additionally please keep the citizens of the north eastern states in your thoughts and prayers as they battle through the damage done by hurricane Sandy. We have a few Soldiers in the unit with Family on the east coast and we were all blessed to hear they are all safe.

Guardian 6 and Guardian 7 out.

November Article From a Guardian Soldier

The holidays can be stressful for anyone, but with you or your loved one deployed, they can be especially difficult. While times like these are hard and usually magnify the stresses associated with a deployment. It is important that we focus on strengthening our emotional commitment with our significant others. Everyone knows that the holidays are a time for food, Family, and fun. A time when we get together with those whom we love and cherish.

So far on this deployment we have missed birthdays, anniversaries, holidays, even births of children. These are the hardships that we face as Families but they are also what drive us closer together. It is through the hard times that we build the resilient bonds that last a life time.

Holidays are different here but not without the comforts of Family, friends, fun, and traditions. For those who are on their first deployment, Soldier or Family members, you may not know just how hard everyone tries to bring our holidays as close to home as they can. Though it may not be like mom made it, have the same awe as a finale of fireworks, or the tackiness of pastels on a spring morning. This is a look into a couple deployment holidays.

4th of July and out in the sand box, we don't have blankets laid in the grass with Family and friends. We don't have everything to make a perfect BBQ lunch, there aren't any fireworks showering sparks across the night sky, but what we do have is a whole lot of people with a whole lot of explosives! A 4th in the desert is the most patriotic place on earth. Surrounded by people who fight side by side for the freedoms of our country, is a camaraderie like no other. A speech about our forefathers, followed by a BBQ and a night full of rockets' red glare.

115,000 pounds of turkey, 31,700 pounds of sweet potatoes, and a plethora of other fixin's is what it takes to bring Thanksgiving to the deployed. The chow halls are decorated and the food is plentiful. Eating until you explode may not be an option but if you leave the table hungry, it's not for a lack of grub. The tables are packed with a Family of Soldiers, who give thanks. We don't give thanks to each other and we don't give thanks for where we are. We give thanks for the ones we have and remember the ones we've lost. We give thanks to the people who make things like Thanksgiving in the desert possible. Most of all, we give thanks to our Families whose support sees us through each day.

The halls are decked and stocking are hung. The trees are lit (unless you are under strict noise and light discipline in which case you, better be using IR chem lights on that tree Soldier!). People like those who serve the USO have made amazing things happen in the years past. One of the greatest of which is something called the Christmas convoy. The Christmas convoy brings a touch of holiday spirit to those Soldiers in remote locations, so they too can enjoy the traditions that make our holidays special. There aren't many chimneys, that much is clear, but Santa will find us, he does every year. We open our presents in the company of friends, standing guard for our country of which we defend. Our families are missed with stone heavy hearts, hoping on hope to never again part. Christmas marks the end of our tour, a year away that we didn't adore. We thank you all for your support and encouragement, peace, hope and love from a humble Sergeant.

REENLISTMENTS



Rear Detachment

Good morning, afternoon, or evening depending on when you read this. We hope that this newsletter finds everyone doing well if not GREAT!

Wow . . . what a month. I cannot believe how fast October flew by but I am DEFINITELY NOT complaining. This past month we had the normal meetings and training, nothing out of the ordinary. We had six personnel complete the required 3 week Law and Order Certification and are now in the On-The-Job Training (OJT) phase so they can begin their law and order duties. The training seems extensive however it is a good refresher for those that need it and gives the Soldiers/NCOs an ability to work with their counterparts in the line units.

I began attending the USARPAC redeployment meetings on 3 October and you cannot (well, actually I am sure you can) realize how GREAT it was to see our unit finally make the power point slide deck!

On 30 October 2012, we joined forces with the 58th Military Police Company and set up a haunted house. The turn out for the BN was great and everyone that showed up appeared to have a good time. We had an area where we set up a mock graveyard and a touch station. GREAT job to those that assisted with the set up and planning!!!

We had a Tsunami advisory this past weekend and luckily everything went as good as can be expected. What was the best was that there ended up being no damage from the Tsunami. The only issues that arose were from traffic accidents on the freeway to back ups and fights at gas stations on the island . . . Thank you to all of you that responded to texts, emails, and phone calls so we could get accountability for everyone and ensure everyone was safe.

As you all know, Hurricane Sandy hit the east coast a few days ago and many places are still feeling the effects of the storm and assessments of the damage done are still being figured out. About 60,000,000 people were affected by this storm according to the news. Some even lost their lives. Even with the devastation the true nature of our countrymen came through yet again as neighbor assisted neighbor and many throughout the nation began collecting funds and food donations.

I would like to welcome SFC Whitehouse to the Guardian family. He will be taking over the reigns as the Rear Detachment Commander and I have NO DOUBT the unit is in GREAT hands! Please welcome him to the team and provide him the same unwavering support you have provided me throughout my tenure. Speaking of that, I would like to personally thank each and every one of you, Family Member, Soldier, NCO, Officer, and Civilian that assisted and supported the unit and I over the last 11 months. It has truly been a great experience and a majority of that is due to the fact you all are there for support. I wish you all the best in your future endeavors and still plan on going on the last two hikes before the redeployment!

Please continue to keep our Soldiers, NCOs, and Officers in your thoughts and prayers as well as others who are away from their families and friends during the holiday season. Have a GREAT Holiday Season.

MSG Reilley off the net.



FAMILY READINESS GROUP



We are inching closer to the finish line!! I don't know about y'all, but I'm ready to be done!! I'm hoping to see more of you at the meetings as we get closer to the return of our Soldiers!

Next month we will have a reintegration class for informational purposes. There will be childcare if 10 kids are present and signed up!

Annie



Hope everyone had a GREAT Halloween! The haunted house was a hit! Those that attended and went through haunted house seemed to enjoy it. Our "feel" station where they got to stick their hands into a container without looking and try to guess what was in it went off without a hitch! Thank you to everyone who assisted with the set up, participated in the haunted house, and of course with the clean up.

Military Families by K McNeil

Though we have never met, I feel your pain, I pray for you and weep for the slain.

Military families are one of a kind, staying brave with the worst on our minds.

We lend our loved to defend those who can not defend themselves, all we have for right now are the pictures on our shelves.

I have so much pride sometimes it hurts, especially to be protested by those who walk on freedom's dirt.

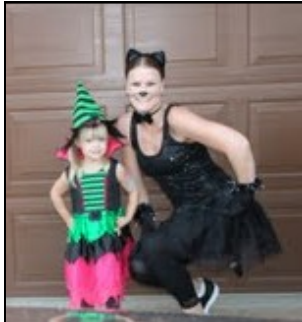
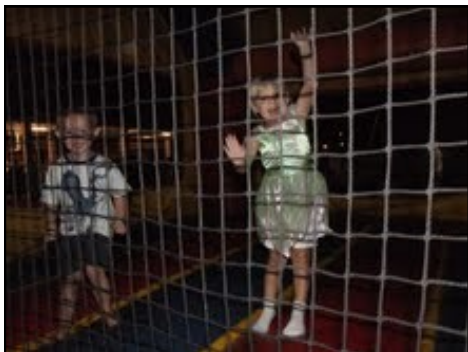
We will stay strong and always prevail Because we stand for freedom and always will.

So, know that while miles away, you have a friend in me any day.

My prayers are with the Soldiers and their hearts left behind, military families are one of a kind.









Knox Jarvis - 5 Nov
Aidan Glover - 6 Nov
SGT Comptois - 6 Nov
SPC Wallace - 7 Nov
Haley Gillespie - 9 Nov
SGT Malufau - 12 Nov
Lily Hillberry - 15 Nov
Soledad Glover - 19 Nov
Bre'ana Ivey - 20 Nov
Tasha Parham - 20 Nov
Adam Wood - 21 Nov
CPL Rogers - 21 Nov
Trystan Glover - 23 Nov
Curtis McNeil - 26 Nov



SSG Chapman - 5 Dec.
Rebecca Baker - 9 Dec
SGT Adams - 13 Dec
SSG Shoemaker - 15 Dec
SGT Davidson - 19 Dec
SSG Bucy - 26 Dec

SGT and Mrs. Glass - 7 NOV

SGT and Sarah Hippler - 6 DEC

SGT and Shela Rosario - 14 DEC

SPC and Kimberly Fratti - 20 DEC

PFC and Christina Bray - 22 DEC

Happy Anniversary

UPCOMING EVENTS

10 November: Waimano Tunnels Hike

This five-mile round trip hike follows the beginning of the Waimano Ridge Trail for about two miles, then turns off to explore three to four former water tunnels at the top of Waimano Home Road. The hike is relatively easy. There are two parts where a rope is used for a short distance to climb down/up and negotiate the trail.



15 November: FRG Reintegration Training at 6:30 pm at BLDG 765

8 December: Ma'akua Ridge - Papali Trail Hike

Ma'auka Ridge Trail is a 2.5 mile loop trail that begins in thick hau forest. The forest quickly opens up and the trail is mostly in open, dry country. After crossing a stream, the trail begins to switchback up the ridge quickly reaching a shelter and two benches. The shelter and benches overlook Hau'ula and the ocean. The trail forms a loop, traverses around a ridge, dropping down into some gulches along the way. It offers some great views of the ocean and Hau'ula town.



POCs: Mrs. Katherine Newman at anewman1003@gmail.com
SFC Whitehouse at 655-7330 or phillip.s.whitehouse.mil@mail.mil

THE 39TH MILITARY POLICE DETACHMENT

“GUARDIANS!”



THE MILITARY POLICE CREED

I am a Soldier and proud member of the United States Army Police Corps Regiment.

I am of the troops and for the troops. I believe there is no higher calling than to ASSIST, PROTECT, and DEFEND my fellow Soldiers, their families and the basic ideals of our Constitution that guarantee our freedom and our American way of life.

I am always ready to help individual Soldiers retain or regain their dignity.

I assist commanders in performing their missions, safeguarding their commands, and maintaining discipline, law and order.

I am proud of the Military Police Regiment and fully understand the awesome responsibility given to all military police officers.

At the same time I am humble because I know that I am a servant of my country and my Army.

To perform my duties properly, my honesty, integrity, and courage must be balanced by competence, alertness and courtesy.

I know that I am constantly in the public eye and my behavior sets the standards for excellence to my fellow Soldiers.

To my unit, my commander, and myself, I promise sustained, just and honorable support.

To my country, the Army and my Regiment, I promise the skills of my training, my physical ability, my mental initiative and my moral courage. For I am a Soldier in the MILITARY PO-